



DISCUSSION GUIDE

Title: I Don't Want To Go On
Date: November 22, 2020
Scripture: Job 2: 11-13, 2 Corinthians 1: 8-9

Use the questions below to discuss this week's teaching with others in your household, group, or circle of friends. Help each other see and follow Jesus. Take time to pray for one another.

Discussion Questions:

1. What are three things which have kept you going or added richness to your life the past few weeks?
2. The topic of mental health isn't one often talked about in church or the greater community. What is it like to intentionally talk about mental health issues (thoughts, feelings, body reactions)?
3. What would you like for the the experience of church to be like for those struggling with their Mental Health?
4. Whether someone personally struggles with depression or not, we all have lies we can get stuck in believing. What is a thought you find comes up frequently for you about yourself? What do you think God would have to say about that?
5. Read Job 2: 11-13. What stands out to you about how Job's friends' response?
6. We were made for community with other people. COVID-19 has had an isolating effect for many. What ways can you be intentional about connecting with others this week? Who might you check in on?

Family Discussion Questions:

1. What was the main Bible Passage today?
2. What can we learn from these verses?
3. I have questions about.....
4. I want to pray for....